The following sentence contains every letter of the alphabet ... no surprising you by now! So, this exercise has you writing your abc's without knowing it. It's the medicine-in-the-applesauce method of writing your abc's.

Queen Victoria always looked on the clearance rack for wide-bottom jeans with extra zippers.

Day 1: July Victoria alway looked on the doarance M
for unde-botton your with Nors granger
Day 2: Depen Victoria always looked on the clearance mod
for und bottom from with liter growns.
Day 3: July Vetoria always looked on the clearance rach
Los wide - bottomed joans with extra gipplers- Day 4: Queen Victoria always looked on the Clearance rack
Day 4: Juan Victoria always looked on the Charance rack
for wide liottomed Jeans, with extra sippers.
Day 5: Queen Victoria always looked on the clearance rack
for wide-bottomed years with extra gippers.
for wide-bottomed years with extra zippers.  Day 6: Queen Victoria always looked on the clearance reach  for wide-bottomed years with extra zippers.
for wide-bottomed years with extra suppers.
bay 7: Queen Victoria always looked on the clarance rack) for wide-bottomed jeans with extra zippera
for wide-bottomed jeans with extra zippera
9